

GAKUSEI SHIEN DAYORI

TOHOKU UNIVERSITY
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Student Support Newsletter

CONTENTS

P1	P2	P3	P4
● Start of the Seven Universities Athletic Meet Summer Tournament (Nanadaisen)	● 2022 Marine Sports Festival	● National Pension Special Payment System for Students	● "Spring Festival 2022" Welcome Events ● Only you can prevent illegal parking!

Start of the Seven Universities Athletic Meet Summer Tournament (Nanadaisen)

The "Nanadaisen" is a yearly athletic competition between 7 national universities: Hokkaido University, Tohoku University, University of Tokyo, Nagoya University, Kyoto University, Osaka University, and Kyushu University. In June the summer tournament, comprising 40 events, started. On June 4th (Sat.) and 5th (Sun.), the equestrian competition kicked off the tournament at Aobayama riding ground. The Tohoku University Equestrian Club gave it their all resulting in a stunning victory. Below, we will introduce the activities and highlights of some of the student organizations that are participating in events.

You can find event schedules on the Nanadaisen website (<http://www.7univ-nanadaisen.jp/>). Please join us in cheering on our athletes! <http://www.7univ-nanadaisen.jp/>

[Baseball] **Dates** August 11th-13th, **Place** Ishinomaki City Baseball Field

Our baseball team belongs to the Sendai Big Six Universities Baseball League. In the spring and fall they practice daily at the Tomizawa Baseball field for both league competitions and the Nanadaisen. At the Sendai Big Six Universities Baseball League Spring Tournament, they beat Tohoku Fukushi University, which is one of the top university teams in Japan, for the first time in 32 years.

In this year's Nanadaisen they will play August 11th to 13th at the Ishinomaki City Baseball Field. This year's card is predicted to be exciting, with competition from high-level teams such as Kyoto University from the Kansai Big Six Baseball League and Hokkaido University from the Sapporo Gakusei League.

Among Tohoku University's players, Faculty of Economics 4th-year student Satoshi Watanabe is one to watch. He demonstrated a powerful fastball and excellent pitching at the recent league tournament. Fans are looking forward to his pitching at the Nanadaisen.

As Tohoku University is organizing the Nanadaisen this year, they will do their best to bring home a win. Please give the players your support!



Baseball Club pitcher,
Satoshi Watanabe

[Archery] **Dates** Women - August 23th & 24th
Men - August 25th & 26th, **Place** Miyagi 2nd Athletic Park Archery Range

The Archery Club uses the archery range next to Hagi Hall on Kawauchi Minami Campus. The historic range, built 65 years ago this year, provides a quiet place for the archers to take careful aim at their targets. The men's team has won the Nanadaisen 24 times, the women's 10 times. Last year, the archery tournament was held online. The men's team placed 1st overall and 3rd in individual competition. The men won all 6 of their competitions to take their 2nd consecutive tournament. The women, who are looking to recover from last year's loss, have been practicing hard every day.

One archer to watch is Sekine Kota (School of Engineering, 2nd year). While just a first-year student, in last year's fall tournament his steady performance was an asset to the team. This year, he helps lead the team as the vice-captain. Both his aim and attitude have bolstered the team. Don't miss his performance!

This year the competitions will be held in-person at the Miyagi 2nd Athletic Park Archery Range. The women's competition will be on August 23rd to 24th, the men's on August 25th to 26th. The men's team will consist of 5 members, firing 20 arrows. The women have 3 members and 12 arrows. Each archer fires 4 arrows, with the winner decided based on the number of hits on the target. Instead of taking turns, teams from two universities will fire simultaneously. The number of hits for the rival school is updated during the match, further heightening the excitement. As each archer only gets a few tries, victory hangs on each arrow. In this tense atmosphere, you won't be able to take your eyes off the archers as they line up each shot.



Archer Club Vice Captain
Sekine Kota

2022 Marine Sports Festival

Hello everyone! Today I want to tell you about the Rowing Club. Our club is composed of 85 members, who train hard at 3 boat houses (Kamafusa, Iwanuma, and Toda in Saitama).

You may have seen the club members wearing their rowing team jerseys around campus, but you may be wondering: how do rowing races actually work? I'm glad you asked! I will provide a simple explanation here.

The rules of rowing are simple: the team that can row their boat 2000 meters in the shortest amount of time wins. However, it is a deep sport, sometimes called the "ultimate team sport" due to the need for the team's movements to be in perfect synchronization.

The boats (or shells) are largely divided into two types.

First, there is the scull type, in which the rower uses an oar with each hand. These can be rowed by one rower (single), two (double), or four (quadruple). Next there is the sweep type, in which one large oar is operated by each rower. These are categorized as pairs, fours, or eights depending on the number of rowers. Some boats have a coxswain, who steers and calls out instructions to the rowers in response to the situation.

Our team trains hard, and in the national intercollegiate championships, we placed 1st in Japan in the eights category. In last year's intercollegiate, our men's pair team placed 2nd, and our women's quadruple team placed 3rd. In the national championship this May, which is open to everyone from high school students to adults, we placed 7th in women's singles, and 8th in men's eights.

"Spend your last days of youth with your best friends..."

In the hope that more people can experience the pleasure of cruising over the water and competing with a team, we hold a boat race at the Marine Sports Festival, which has a history going back to the days of the former Second Senior High School. You can sign up with 3 of your friends to race as a team. Reserve your spot now and have an unforgettable experience at the end of this summer vacation.

- Date** October 1 (Sat.), 2022
 - Place** 989-2422, Miyagi Prefecture, Iwanuma, Kukominami, 6-chome 4-3, Tohoku University Iwanuma Boat House
 - Access** 15 minutes by bus from JR Tatekoshi Station 15-minute walk from Sendai Airport Station on the Sendai Airport Transit Line
- Note: If there are a lot of applicants, a charter bus may be available. Access is easy.
- Type** Coxed Four (a club member will act as the coxswain)
- Application Submissions: Student Services Division (sta-kagai@grp.tohoku.ac.jp)



Boat race (eight)

National Pension Special Payment System for Students

Under Japan's National Pension System Law, students who are 20 or older are required to join and contribute to Japan's pension system. If you are 20 or older, you should check the status of your pension payments.

Low-income students (income for the previous year is JPY 1.28 million or less) can delay (defer) pension payments under the Special Payment System for Students.

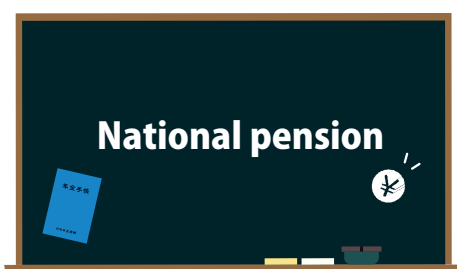
You can apply for this system at the Student Services Division, Desk ③. Not contributing will lead to disadvantages, such as receiving a reduced pension in the future, so you are urged to apply.

- ① If you do not apply and also fail to contribute, your pension will be reduced in the future. If you acquire a disability due to an illness or accident, you will be ineligible for the Disability Basic Pension.
- ② You can apply even if you did not apply in the previous fiscal year, and even if your Resident Registration address is not in Sendai.
- ③ If your income is reduced due to the COVID-19 pandemic, please inquire about that separately using the contact information below.

④ Application Form and Procedures

- You can get an application form at the Student Services Division, Desk ③. It can also be downloaded from the Japan Pension Service website.
 - When applying at the Student Services Division, please bring your Student ID and any one of the following.
 - ① Pension booklet
 - ② Basic Pension Number notice
 - ③ Social Security and Tax Number (My Number) card or
 - ④ My Number notice
 - If you enter your Basic Pension Number on the application, you can send it, along with a photocopy of your student ID, by postal mail to the address below. (You cannot send applications with your Social Security and Tax Number by postal mail.)
- ⑤ The Japan Pension Service website has the following videos for students (Japanese only).
Look for "20歳到達時の国民年金手続き" (Procedures for Residents Turning 20) on the Japan Pension Service website

- ① 公的年金制度とは、「国民年金の内容やメリット編」
(Overview and Benefits of the Pension System)
- ② 国民年金の加入について
(Joining the Pension System)
- ③ 国民年金保険料の納付について「保険料の納付方法編」
(Paying Pension Premiums)
- ④ 国民年金保険料の学生納付特例制度や免除・納付猶予について
(Special Payment System for Students and Waivers)
 - ① 学生納付特例編 (Special Payment System for Students)
 - ② 免除・納付猶予編 (Waivers/Deferments)
 - ③ 新型コロナウイルス感染症関係の特例免除編
(Special Exemption for COVID-19)



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"Spring Festival 2022" Welcome Events

The "Spring Festival 2022" welcome events for new students were held in-person over two days from May 7th (Sat.) to 8th (Sun.) on Kawauchi Kita Campus.

This event was organized by the New Students Welcoming Committee. On the first day, 270 new students turned out for events organized by Tohoku University's sports clubs. On the second day 340 new students attended events organized by Tohoku University's cultural clubs. Over 90 events, consisting of participatory activities, explanations, and performances, were conducted by student organizations.

New students were able to learn about various activities by actually performing them, handling musical instruments, etc.

New students were finally able to meet in-person with student organizations that they had only had online interactions with before. The event deepened ties between new and returning students.



Spring Festival 2022

Only you can prevent illegal parking!

We have received many complaints about students parking their bicycles or motorbikes in visitors-only parking for purposes other than using the relevant shops/facilities (hereafter, "shops etc."). Please be considerate and always use appropriate parking areas.

Students who repeatedly park illegally, or whose unauthorized parking causes inconvenience or harm to shops etc., will be subject to university disciplinary measures.

- **Do not park illegally.** (Use a designated parking area.)
- **Do not park at a shop etc. for excessively long periods.**
(If you have business elsewhere, move your vehicle.)
- **Do not park without permission.**
(If you must park somewhere due to a sudden emergency, notify the shop etc.)

